Our intent - Dance

The dance curriculum at NS has been carefully considered in terms of substantive knowledge and disciplinary skills. This curriculum will be further enriched by the Performing Arts specialism and the extracurricular opportunities this will afford for all students. There are multiple opportunities for students to engage in the three core domains of drama – scripted performances, devised/improvised performances, and the theoretical/written components. These three domains align with the National Curriculum for English and the expectation that students can 'adopt, create and sustain a range of roles' with 'opportunities to improvise, devise and script drama'.

Curriculum Implementation and Impact - Dance

The curriculum provides students with the foundational skills to succeed and excel in dance in Year 7, before adopting a spiral curriculum model that builds on disciplinary skills, practitioners, and performance styles throughout KS3.

Introduction to Dance

- Performance Learning set dances to develop physical skills, technical skills, expressive skills and mental skills and attributes.
- Dance appreciation.
- The importance of warming up the body and safe dance practice.
- Watching professional dance and learning to describe and explain features of production in relation to dance intention.

Capoeira

- Performance Learning Capoeira steps to develop physical skills, technical skills, expressive skills and mental skills and attributes.
- Choreography Working with a partner to link steps together using evasive movements.
- Appreciation.
- Learning about physical skills in dance.
- Researching and presenting knowledge of the history of Capoeira.

Sports

- Choreography Learning how to explore a stimulus (different sports such as basketball and rugby).
 Creating dance sequences using actions, space, and dynamics. Learning to structure dances using devices such as unison, canon, formations, and transitions.
- Performance Sharing creative ideas throughout the process.

Northamp	ton School		Year	7 Dance	KS3 Sch	eme of V	<u>Nork</u>							n	5	
	Week 1	Week 2 to 5										Week 6		Week 7		
T1/4		CAPO														
	Introduction to dance-the rules, warm up and Capoeria	dance-the rules, warm up and Capoeria Warm-ups • Stages of a warm up, h we warm up and why w warm up			Dance appreication-Capoeria The history, the steps, linking steps to create sequences for The Roda					'hysical skil ills	ls, mental	Formative assessment and DIRT tasks		Personal Development Week		
	Key Vocabulary: Noted in medium term plans, lesson PPT's and on unit content sheet															
	Learning a set dance/preparation for Year 7 examinations											We	Week 6		Week 7	
	Weeks 1-4							We	ek 5							
T2/5	Performance skills-I dance with a focus of physical skills. In expressive, technica skills.	dance dance ca inte perfor	preciation- and analysi an commun ention thro rmance ski duction fea	ing how nicate an ugh Ils and tures	assessme and attrib	skills- prepa nt. Using m outes. Gettin the camera	ental skills ng used to	oppor rehears home lea	and peer f tunity and al in lesson arning. Refl rgets set in	link to and for ection on	Year 7	n 2/5 7 exam rmanc e	Christmas for star choreogra	ek before can be used ting the phy unit or up lesson.		
	Key Vocabulary: Noted in medium term plans, lesson PPT's and on unit content sheet															

Fundamental skills are explicitly taught to students during Year 7 and form an essential part of how students are assessed. These skills are developed upon and added to in Year 8.

			<u>Year</u>	8 Dance	KS3 Sch	eme of \	<u>Work</u>							1	5
			We	eek 6	We	ek 7									
Physical skills							Formative assessment								
Focus on specific physical skills each lesson through technical dance phrases and contact work floorwork Dance appreciation-analysing physical skills. Ability to identify physical skills. Knowledge of safe dance practice in performance					Flexibility and extension performance focus. Fomative assessment			No risks tests on safe dance practice and physical skills			TASK-evaluat e physical skill		Personal Development Week		
Key Vocabulary: On PPT's, medium term plans and unit content sheets								develo	opment						
					Week	1 to 5						We	eek 6	We	ek 7
Performance skills							Exam	nination	prepar	ation					
choreographic intent. Understanding technical, physical			of physic skills,	cal skills, ex mental ski	xpressive lls and							of set	dance	Christmas for exte previous	ek before can be used ension of work, and m Activities.
	each less dance p W Key Vocab Learning a practical e and danc expressive chor Understan	each lesson through dance phrases and work floorwe Key Vocabulary: On F P Learning a set dance for practical exam. Use or and dance relationsh expressive skills to con choreographic ir Understanding technic	Performa Learning a set dance for the Year 8 practical exam. Use of expressive skills to communitate and dance relationships. Use of expressive skills to communitate a choreographic intent. Understanding technical, physical and mental skills.	Physical skills Focus on specific physical skills each lesson through technical dance phrases and contact work floorwork Key Vocabulary: On PPT's, medium term pl Performance ski Learning a set dance for the Year 8 practical exam. Use of floorwork and dance relationships. Use of expressive skills to communicate a choreographic intent. Understanding technical, physical and mental skills	Physical skills Focus on specific physical skills each lesson through technical dance phrases and contact work floorwork Key Vocabulary: On PPT's, medium term plans and understanding a set dance for the Year 8 practical exam. Use of floorwork and dance relationships. Use of expressive skills to communciate a choreographic intent. Understanding technical, physical and mental skills.	Physical skills Focus on specific physical skills each lesson through technical dance phrases and contact work floorwork Work floorwork Key Vocabulary: On PPT's, medium term plans and unit content structure in performance Week Performance skills Learning a set dance for the Year 8 practical exam. Use of floorwork and dance relationships. Use of expressive skills to communicate a choreographic intent. Understanding technical, physical and mental skills Dance appreciation-analysing physical skills. 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Understanding technical, physical skills and mental skills and mental skills.	Week 1 to 5 Physical skills Formative assessment Flexibility and extension performance skills Key Vocabulary: On PPT's, medium term plans and unit content sheets Week 1 to 5 Performance skills Week 6 Week 1 to 5 Performance focus. Formative assessment No risks tests on safe dance practice and physical skills skill development Week 1 to 5 Week 6 Week 6