

Our intent - Dance

The dance curriculum at NS has been carefully considered in terms of substantive knowledge and disciplinary skills. This curriculum will be further enriched by the Performing Arts specialism and the extracurricular opportunities this will afford for all students. There are multiple opportunities for students to engage in the three core domains of drama – scripted performances, devised/improvised performances, and the theoretical/written components. These three domains align with the National Curriculum for English and the expectation that students can ‘adopt, create and sustain a range of roles’ with ‘opportunities to improvise, devise and script drama’.

Curriculum Implementation and Impact - Dance

The curriculum provides students with the foundational skills to succeed and excel in dance in Year 7, before adopting a spiral curriculum model that builds on disciplinary skills, practitioners, and performance styles throughout KS3.

Introduction to Dance


- Performance - Learning set dances to develop physical skills, technical skills, expressive skills and mental skills and attributes.
- Dance appreciation.
- The importance of warming up the body and safe dance practice.
- Watching professional dance and learning to describe and explain features of production in relation to dance intention.

Capoeira

- Performance - Learning Capoeira steps to develop physical skills, technical skills, expressive skills and mental skills and attributes.
- Choreography - Working with a partner to link steps together using evasive movements.
- Appreciation.
- Learning about physical skills in dance.
- Researching and presenting knowledge of the history of Capoeira.

Sports

- Choreography - Learning how to explore a stimulus (different sports such as basketball and rugby). Creating dance sequences using actions, space, and dynamics. Learning to structure dances using devices such as unison, canon, formations, and transitions.
- Performance - Sharing creative ideas throughout the process

Northampton School		<u>Year 7 Dance KS3 Scheme of Work</u>					
T1/4	Week 1	Week 2 to 5			Week 6	Week 7	
	CAPOEIRA- Dance in social, cultural and historical context					Formative assessment and DIRT tasks	Personal Development Week
	Introduction to dance-the rules, warm up and Capoeira	Safe Dance Practice- Warm-ups • Stages of a warm up, how we warm up and why we warm up	Dance appreciation-Capoeira The history, the steps, linking steps to create sequences for The Roda	Performance Skills Physical skills, mental skills			
	Key Vocabulary: Noted in medium term plans, lesson PPT's and on unit content sheet						
Learning a set dance/preparation for Year 7 examinations						Week 6	Week 7
T2/5	Weeks 1-4		Week 5			Term 2/5 Year 7 exam performance	Last week before Christmas can be used for starting the choreography unit or as a catch up lesson.
	Performance skills- learning a set dance with a focus on building on physical skills. Introducing expressive, technical and mental skills.	Dance appreciation- Watching dance and analysing how dance can communicate an intention through performance skills and production features	Rehearsal skills- preparing for an assessment. Using mental skills and attributes. Getting used to the camera	Teacher and peer feedback opportunity and link to rehearsal in lesson and for home learning. Reflection on own targets set in Term 1.			
	Key Vocabulary: Noted in medium term plans, lesson PPT's and on unit content sheet						

Fundamental skills are explicitly taught to students during Year 7 and form an essential part of how students are assessed.